

The Parent Connection



Guide for: *Minnie's Yom Kippur Birthday* by Marilyn Singer

Child's Name

Date Completed:

Understanding the Story

1. Minnie's parents and older brother "fast" on Yom Kippur. What does it mean to "fast?"
2. Why can't children have any special food on Yom Kippur even though they don't have to fast?
3. Why did Minnie apologize to her brother and sister in Temple?

Words to Watch

Rosh Hashanah

Yom Kippur

Atonement

Fast

Torah

Cantor

Jewish Concepts

1. Jewish holidays fall on a different day each year because they follow the Hebrew calendar, not the secular one.
2. Yom Kippur and Rosh Hashanah are called the "High Holy Days."
3. Jews spend most of the day in Temple on Yom Kippur.

Beyond the Book

1. Is there a Jewish holiday that falls close to your birthday? What could you do to celebrate that holiday and your birthday at the same time?
2. How old do you think you should be when you fast on Yom Kippur for the first time?
3. What could you give up on Yom Kippur even though you don't yet fast? Some kids skip breakfast, or don't have any "treats."

Complementary Activities

1. Think of someone who you've hurt in some way and apologize to them.
2. Talk about some things that happened at Temple when you went for Yom Kippur this year.

✓ *Please check those activities completed.*